

EXERCISE SCIENCE/ INTERCOLLEGIATE (ES/I)

ES/I 101 INTERCOLLEGIATE BASEBALL-NP 3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 102 INTERCOLLEGIATE BASEBALL I 3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 103 INTERCOLLEGIATE BASEBALL II 3 UNITS

Grade Only

Prerequisite: ES/I 102 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 104 INTERCOLLEGIATE BASKETBALL-NP 1.5 UNIT

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 105 INTERCOLLEGIATE BASKETBALL-NP 1.5 UNIT

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU]

ES/I 106 INTERCOLLEGIATE BASKETBALL I 1.5 UNIT

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 107

INTERCOLLEGIATE BASKETBALL II

1.5 UNIT

Grade Only

Prerequisite: ES/I 106 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 108

INTERCOLLEGIATE BASKETBALL III

1.5 UNIT

Grade Only

Prerequisite: ES/I 107 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 109

INTERCOLLEGIATE BASKETBALL IV

1.5 UNIT

Grade Only

Prerequisite: ES/I 108 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 5 hours

Offered: ALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 110

INTERCOLLEGIATE CROSS COUNTRY-NP

3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 111

INTERCOLLEGIATE CROSS COUNTRY I

3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 112

INTERCOLLEGIATE CROSS COUNTRY II

3 UNITS

Grade Only

Prerequisite: ES/I 111 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 113
INTERCOLLEGIATE FOOTBALL-NP
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 114
INTERCOLLEGIATE FOOTBALL I
3 UNITS

Grade Only

Recommended Concurrent Enrollment: ES/A 190.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 115
INTERCOLLEGIATE FOOTBALL II
3 UNITS

Grade Only

Recommended Concurrent Enrollment: ES/A 190.

Prerequisite: ES/I 114 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 116
INTERCOLLEGIATE SOCCER-NP
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 117
INTERCOLLEGIATE SOCCER I
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 118
INTERCOLLEGIATE SOCCER II
3 UNITS

Grade Only

Prerequisite: ES/I 117 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 119**INTERCOLLEGIATE TRAINING I****1-2 UNITS**

Grade Only

Recommended Preparation: ES/A 190 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 6 hours

Offered: ALL

Improves strength, power, flexibility, and endurance of specific muscle groups that are indigenous to a specific sport. Course content will emphasize pre-season conditioning for one of the following sports: Baseball, Basketball, Football, Track & Field, Cross Country, Soccer, Softball, Tennis, Volleyball, Water Polo & Swimming. It is an intensive training program based upon improving basic skills, speed, flexibility, agility, reaction time, coordinated movement and cardiovascular endurance. [D; CSU]

ES/I 122**INTERCOLLEGIATE TENNIS-NP****3 UNITS**

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 123**INTERCOLLEGIATE TENNIS I****3 UNITS**

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 124**INTERCOLLEGIATE TENNIS II****3 UNITS**

Grade Only

Prerequisite: ES/I 123 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 125**INTERCOLLEGIATE TRACK AND FIELD NON PARTICIPANT****3 UNITS**

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 126**INTERCOLLEGIATE TRACK AND FIELD I****3 UNITS**

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 127**INTERCOLLEGIATE TRACK AND FIELD II****3 UNITS**

Grade Only

Prerequisite: ES/I 126 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 128**INTERCOLLEGIATE VOLLEYBALL-NP****3 UNITS**

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 129**INTERCOLLEGIATE VOLLEYBALL I****3 UNITS**

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 130**INTERCOLLEGIATE VOLLEYBALL II****3 UNITS**

Grade Only

Prerequisite: ES/I 129 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 131**INTERCOLLEGIATE SOFTBALL-NP****3 UNITS**

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 132**INTERCOLLEGIATE SOFTBALL I****3 UNITS**

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 133**INTERCOLLEGIATE SOFTBALL II****3 UNITS**

Grade Only

Prerequisite: ES/I 132 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 134**INTERCOLLEGIATE WATER POLO NP (NON PARTICIPANT)****3 UNITS**

Grade Only

Recommended Preparation: ES/A 158 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 135**INTERCOLLEGIATE WATER POLO I****3 UNITS**

Grade Only

Recommended Preparation: ES/A 158 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 136**INTERCOLLEGIATE WATER POLO II****3 UNITS**

Grade Only

Prerequisite: ES/I 135 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 137**INTERCOLLEGIATE SWIMMING AND DIVING NON-PARTICIPANT****3 UNITS**

Grade Only

Recommended Preparation: ES/A 116 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 138**INTERCOLLEGIATE SWIMMING AND DIVING I****3 UNITS**

Grade Only

Recommended Preparation: ES/A 116 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 139
INTERCOLLEGIATE SWIMMING AND DIVING II
3 UNITS

Grade Only

Prerequisite: ES/I 138 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU; UC]

ES/I 140
INTERCOLLEGIATE WOMEN'S BEACH VOLLEYBALL-NP
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU]

ES/I 141
INTERCOLLEGIATE WOMEN'S BEACH VOLLEYBALL I
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU]

ES/I 142
INTERCOLLEGIATE WOMEN'S BEACH VOLLEYBALL II
3 UNITS

Grade Only

Prerequisite: ES/I 141 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU]

ES/I 143
INTERCOLLEGIATE WOMEN'S FLAG FOOTBALL- NP
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL, SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU]

ES/I 144
INTERCOLLEGIATE WOMEN'S FLAG FOOTBALL I
3 UNITS

Grade Only

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL, SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU]

ES/I 145

INTERCOLLEGIATE WOMEN'S FLAG FOOTBALL II

3 UNITS

Grade Only

Prerequisite: ES/I 144 or equivalent.

Limitation on Enrollment: Demonstrated proficiency; enrollment subject to instructor/head coach approval; see Intercollegiate Sports requirements in College Catalog.

Laboratory 10 hours

Offered: FALL, SPRING

Provides intercollegiate competition for students who have developed advanced skills and intend to participate in competitions at a collegiate level. Includes daily practice, travel to scheduled competitions which could include weekends, and competition against colleges within the Pacific Coast Athletic Conference and other California Community Colleges. [D; CSU]