

# PERSONAL DEVELOPMENT (PD)

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## PD 1 SPEECH LANGUAGE HEARING ASSESSMENT 0.5 UNITS

Pass/No Pass Only  
Lecture 0.50 hours  
Offered: ALL

Provides instruction on speech, language, hearing development, and learning strategies. Includes individualized assessment to identify speech, language, and hearing strengths and weaknesses. Emphasizes the development of a plan for improved speech/language skills in all college courses. [ND]

## PD 2 SOCIAL SKILLS: RELATIONSHIP BASICS 2 UNITS

Pass/No Pass Only  
Recommended Preparation: RDG 54 or equivalent or through the Southwestern College multiple measures placement processes; ENGL 71 or equivalent or through the Southwestern College multiple measures placement processes.  
Lecture 2 hours  
Offered: ALL

Provides students with disabilities peer-assisted support in developing foundational social skills. Focuses on effective communication strategies, social cognition, and relationship building. Supports students currently in Neurolinks program. [ND]

## PD 7 MEMORY SKILLS 3 UNITS

Grade Only  
Lecture 3 hours  
Offered: FALL, SPRING

Offers special instruction to students with memory problems or disorders. Teaches students to locate, identify, organize, and recall information using memory strategies. [ND]

## PD 9 ADULT LEARNING ASSESSMENT 0.5 UNITS

Pass/No Pass Only  
Lecture 0.50 hours  
Offered: ALL

Provides instruction on adult learning and learning strategies. Includes individual assessment to identify learning strengths and weaknesses for the purpose of identifying learning disabilities following the California Community College model. Emphasizes the development of a plan for improved learning in all college courses. [ND]

## PD 12 ORAL LANGUAGE AND COMPREHENSION SKILLS 2 UNITS

Pass/No Pass or Grade is Allowed  
Lecture 2 hours  
Offered: FALL

Provides instruction to students on oral and written language to include auditory and reading comprehension, cognitive skills, pragmatics, vocabulary development, and expressive language skills. [ND]

## PD 14 VOCABULARY DEVELOPMENT AND WORD RECALL 3 UNITS

Grade Only  
Lecture 3 hours  
Offered: SPRING

Offers strategies to improve oral and written vocabulary, word retrieval skills for college-level language expression, and memory for new vocabulary learned. [ND]

## PD 18 ADAPTED COMPUTER INSTRUCTION 2 UNITS

Grade Only  
Lecture 2 hours  
Offered: FALL, SPRING

Introduces students with disabilities to basic computer vocabulary, functions of computers, and common computer software applications using adapted technology. Provides specialized computer-delivered instruction to improve information processing skills, and/or composing skills adapted to the needs of the individual student's disability. [ND]

## PD 21 ADAPTED COMPUTER SUPPORT LABORATORY I 1 UNIT

Pass/No Pass Only  
Laboratory 2 hours  
Offered: FALL, SPRING

Provides students with disabilities access to specialized hardware and software designed to learn or improve basic skills in adaptive technologies, cognitive retraining software, educational technologies, computers, and study skills. Students will work in the computer lab following their individual educational contract. Laboratory time arranged with the instructor. [ND]

## PD 22 ADAPTED COMPUTER SUPPORT LABORATORY II 2 UNITS

Pass/No Pass Only  
Laboratory 6 hours  
Offered: FALL, SPRING

Provides students with disabilities access to assistive technology to individually increase skills in specialized programs designed to improve basic skills, computer skills, and study skills. Students will work in the computer lab following their individual educational contract. Laboratory time arranged with the instructor. [ND]

**PD 23**  
**ADAPTED COMPUTER SUPPORT LABORATORY III**  
**3 UNITS**

Pass/No Pass Only  
 Laboratory 9 hours  
 Offered: FALL, SPRING  
 Provides students with disabilities advanced skills in using specialized hardware and software designed to learn or improve skills in adaptive technologies, cognitive retraining software, educational technologies, computers, and study skills. Students will work in the computer lab following their individual educational contract. Laboratory time arranged with the instructor. [ND]

**PD 89**  
**FUNDAMENTALS OF MATHEMATICS**  
**3 UNITS**

Pass/No Pass or Grade is Allowed  
 Lecture 3 hours  
 Offered: FALL, SPRING  
 Introduces arithmetic and pre-algebra skills for students with disabilities. Uses special instructional methods and materials to teach learning strategies for computation, problem solving, and real-life applications. Prepares students to enter into college level math or Career Technical Certificate Programs. [ND]

**PD 100**  
**LIFELONG SUCCESS**  
**3 UNITS**

Pass/No Pass or Grade is Allowed  
 Lecture 3 hours  
 Offered: ALL  
 Applies physiological, social, and psychological principles to college, work and life success. Uses assessment of personality, interests, skills, and values to identify major and career options. Uses learning styles, psychological principles of learning, life management, and creative and critical thinking techniques to promote health and lifelong learning. [D; CSU, UC]

**PD 100A**  
**CAREER PLANNING: CAREER AND MAJOR SELECTION**  
**1 UNIT**

Pass/No Pass or Grade is Allowed  
 Recommended Preparation: ENGL 71 or equivalent or through the Southwestern College multiple measures placement processes.  
 Lecture 1 hour  
 Offered: ALL  
 Assists students in identifying a career and major through the use of assessment instruments and exploration of their interests, values, skills, personality type, and goals as they relate to careers and the world of work. [D; CSU]

**PD 100C**  
**CAREER PLANNING: JOB SEARCH SKILLS**  
**1 UNIT**

Pass/No Pass Only  
 Lecture 1 hour  
 Offered: ALL  
 Designed to assist students in organizing a job search plan. This plan will include labor market analysis, resume writing, job applications, and interviewing. [D; CSU]

**PD 100D**  
**LIFELONG SUCCESS**  
**3 UNITS**

Pass/No Pass or Grade is Allowed  
 Lecture 3 hours  
 Offered: ALL  
 Applies physiological, social, and psychological principles to college, work and life success. Uses assessment of personality, interests, abilities, and values to identify major and career options. Uses learning styles, psychological principles of learning, life management, and creative and critical thinking techniques to promote health and lifelong learning. [D; CSU]

**PD 101**  
**ORIENTATION TO COLLEGE**  
**1 UNIT**

Pass/No Pass Only  
 Lecture 1 hour  
 Offered: FALL, SUMMER  
 Designed to assist students in obtaining skills and knowledge necessary to reach their educational objectives. Includes career exploration, time management, campus resources, decision making, and educational planning. [D; CSU]

**PD 101D**  
**ORIENTATION TO COLLEGE**  
**1 UNIT**

Pass/No Pass Only  
 Lecture 1 hour  
 Offered: FALL, SUMMER  
 Designed to assist students in obtaining knowledge necessary to reach their educational objectives. Includes career exploration, time management, campus resources, decision making, and educational planning. [D; CSU]

**PD 109**  
**WORK SUCCESS---SUCCESSFUL WORKPLACE BEHAVIOR**  
**2 UNITS**

Pass/No Pass Only  
 Lecture 2 hours  
 Offered: ALL  
 Designed to assist students in identifying and employing appropriate workplace behavior. Students will study, share, and observe workplace scenarios to better prepare for future career placement. All students will demonstrate a clear understanding of appropriate business and office etiquette. [D; CSU]

**PD 110**  
**COLLEGE SUCCESS SKILLS**  
**3 UNITS**

Pass/No Pass or Grade is Allowed  
 Lecture 3 hours  
 Offered: ALL  
 A team-taught, comprehensive course designed to assist students in attaining lifelong academic, professional, and personal success. Includes critical thinking and analysis; time and task management; learning styles; personal and educational goals and values; psychosocial and psychological health; memory and concentration; academic study strategies; and use of college resources. [D; CSU]

**PD 114**  
**TRANSITIONS IN HIGHER EDUCATION**  
**3 UNITS**

Pass/No Pass or Grade is Allowed

Recommended Preparation: RDG 158 or equivalent or through the Southwestern College multiple measures placement processes; ENGL 114 or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: ALL

Covers a step-by-step approach toward identifying and describing psychosocial, physiological, and academic matters involved with transition to higher education. Includes a study of the culture and rules of higher education, effective decision making skills and strategies, motivation, goal attainment, cultural competency, finance and budgeting, college resources, researching university selections, and health and safety. [D; CSU; UC]

**PD 116**  
**STUDENT SEMINAR**  
**2 UNITS**

Grade Only

Lecture 2 hours

Offered: ALL

Teaches students of all ages strategies for academic and personal success. Develops essential study and interpersonal skills. Includes current issues in higher education, college support services, library and academic technology services, and campus information used throughout the student's academic career. [D; CSU] (Same as: LS 116)

**PD 200**  
**CRITICALLY THINKING ABOUT CAREER CHOICE : SELF, COMMUNITY, AND SOCIETY**  
**3 UNITS**

Grade Only

Prerequisite: ENGL C1000, ENGL 115H, or ESL 115A, or equivalent or through the Southwestern College multiple measures placement processes.

Lecture 3 hours

Offered: ALL

Applies the oral and written principles of critical thinking with a focus on concepts of life and career theories. Includes topics about the stages and standards of thinking, fallacies of reasoning, logic, and effective problem solving to examine personal, academic, cultural, community, and societal perspectives on career decision making. [D; CSU; UC]

**PD 290**  
**OCCUPATIONAL COOPERATIVE EDUCATION I**  
**2-4 UNITS**

Grade Only

Recommended Concurrent Enrollment: Enrollment in one other class directly related to the Vocational Education major in order to apply learned theory in a practical hands-on setting through an internship class. Limitation on Enrollment: Declared Vocational Education major.

Laboratory 12 hours

Offered: ALL

Introduces principles and skills acquired in the Vocational Education major to on-the-job assignments. One unit of credit is granted for every 54 hours of work experience. Credit may be accrued at the rate of 2 to 4 units per semester for a total of fourteen units. The job supervisor and instructor will evaluate each student's job performance. [D; CSU]

**PD 291**  
**OCCUPATIONAL COOPERATIVE EDUCATION II**  
**2-4 UNITS**

Grade Only

Recommended Concurrent Enrollment: Enrollment in one other class directly related to the Vocational Education major in order to apply learned theory in a practical hands-on setting through an internship class.

Prerequisite: PD 290 or equivalent.

Limitation on Enrollment: Declared Vocational Education major.

Laboratory 12 hours

Offered: ALL

Applies beginning-level principles and skills acquired in the Vocational Education major to on-the-job assignments. One unit of credit is granted for every 54 hours of work experience. Credit may be accrued at the rate of 2 to 4 units per semester for a total of fourteen units. The job supervisor and instructor will evaluate each student's job performance. [D; CSU]

**PD 292**  
**OCCUPATIONAL COOPERATIVE EDUCATION III**  
**2-4 UNITS**

Grade Only

Recommended Concurrent Enrollment: Enrollment in one other class directly related to the Vocational Education major in order to apply learned theory in a practical hands-on setting through an internship class.

Prerequisite: PD 291 or equivalent.

Limitation on Enrollment: Declared Vocational Education major.

Laboratory 12 hours

Offered: ALL

Provides intermediate-level principles and skills acquired in the Vocational Education major to on-the-job assignments. One unit of credit is granted for every 54 hours of work experience. Credit may be accrued at the rate of 2 to 4 units per semester for a total of fourteen units. The job supervisor and instructor will evaluate each student's job performance. [D; CSU]

**PD 293**  
**OCCUPATIONAL COOPERATIVE EDUCATION IV**  
**2-4 UNITS**

Grade Only

Recommended Concurrent Enrollment: Enrollment in one other class directly related to the Vocational Education major in order to apply learned theory in a practical hands-on setting through an internship class.

Prerequisite: PD 292 or equivalent.

Limitation on Enrollment: Declared Vocational Education major.

Laboratory 12 hours

Offered: ALL

Covers advanced-level principles and skills acquired in the Vocational Education major to on-the-job assignments. One unit of credit is granted for every 54 hours of work experience. Credit may be accrued at the rate of 2 to 4 units per semester for a total of fourteen units. The job supervisor and instructor will evaluate each student's job performance. [D; CSU]